

Supplementary Table 2. Evaluation of GRADE pro GDT of selected outcomes

Participants (studies) follow-up	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Overall certainty of evidence	Summary of findings				
							Study event rates (%)		Relative effect (95% CI)	Anticipated absolute effects	
							With placebo	With antioxidants		Risk with placebo	Risk difference with antioxidants
Dysmenorrhea											
586 (10 RCTs)	Serious ^{a)}	Not serious ^{b)}	Not serious	Not serious	None	⊕⊕⊕○ Moderate	329	257	-	SMD 0.48 SD fewer (0.82 fewer to 0.13 fewer)	
Dyspareunia											
292 (4 RCTs)	Not serious	Very serious ^{c)}	Serious ^{d)}	Serious ^{e)}	None	⊕○○○ Very low	183	109	-	SMD 0.47 SD lower (1.4 lower to 0.45 higher)	
Pelvic pain											
284 (4 RCTs)	Very serious ^{f)}	Very serious ^{c)}	Serious ^{d)}	Not serious	None	⊕○○○ Very low	180	104	-	SMD 1.51 SD lower (2.74 lower to 0.29 lower)	

GRADE, grading of recommendations, assessment, development, and evaluations; GDT, guideline development tool; CI, confidence interval; RCT, randomized controlled trial; SMD, standardised mean difference; SD, standard deviation.

^{a)}Serious risk of bias since more than 50% of trials were with risk of bias.

^{b)}Very serious inconsistency since I²:75.14%.

^{c)}Very serious inconsistency since I²>75%.

^{d)}The number of trials is low, and there are not for a broader group of patients or settings.

^{e)}The 95% CI includes the null value (SMD=0), both bound of 95% CI were between -1.40 and 0.45.

^{f)}Very serious risk of bias since more than 75% of trials were with risk of bias.